



John Hart, stroke victim, gets help from occupational therapist, Deborah

Maddox, one of Holy Cross personnel responsible for patient's recovery.

Stroke Victim 'on Way' After Intense Therapy

By Tom McCarthy
Tribune Staff Writer

It took John Hart a month but he is "on his way."

The State Savings Bank vice president in charge of mortgage and loans suffered a severe stroke Sept. 27 while at his office. Quick work by the ambulance crew, who provided him with oxygen, saved Mr. Hart from more permanent damage.

Using a brain scanner, Holy Cross Hospital doctors were able to pinpoint the trouble. The diagnosis, according to Dr. Robert Baer, a specialist in physical medicine and rehabilitation, was a cerebral stroke.

Immediately hospital therapists went to work on Mr. Hart's coordination, balance, strength and speech.

Dr. Baer decried the stroke as "rare," saying "I've only seen three like it out of thousands of cases."

The main thing Mr. Hart had to remember was to "slow down," according to Dr. Baer. "Motivation was not a problem with this getter," he said.

Speech Impaired

With the type of stroke Mr. Hart suffered, speech is impaired. He has to learn to speak slower and more carefully. He has to learn to write again. And most importantly, he has to learn balance and coordination all over again.

A team of therapists from Holy Cross pooled their efforts to help Mr. Hart. Robin Hough, occupational therapist, Deborah Maddox, occupational therapist, Diane Mechtly,

physical therapist, and Ennie Sunderland, speech pathologist, provided the stroke victim with vital individual attention.

He was given physical therapy at least three hours a day besides the time he spent on his own, Ms. Hough noted. This included writing letters, scooting up and down stairs on the seat of his pants and working out with a baton-like device called a bataka.

The therapists would get together often and "lay it on the line" as to Mr. Hart's progress. If he had trouble doing a particular thing, say shaving, the therapists would make it known to each other.

The Centerville resident and father of six children can now go to the bathroom by himself, dress himself, go up and down stairs in a sitting position and even go back to work again. True, he can't walk, his speech is slurred at times and he still sees double. Yet it is remarkable that Mr. Hart has come this far.

Praise for Help

Mr. Hart credits the therapists and doctors for his recovery. "I'm behind those people 100 percent," the good natured man says.

The therapists and doctors give him the credit. "We taught him different techniques to take care of himself. He did the rest," Ms. Maddox said.

After performing a couple of dry runs to make sure everything is safe, the therapists unanimously agreed to send Mr. Hart home.

He is on his way, thanks to a few who cared.



Mr. Lewis Mr. Thomas

U. Elects Council Leaders

Max B. Lewis, an attorney in Salt Lake City, has been elected chairman of the University of Utah National Advisory Council.

E. Parry Thomas, a Las Vegas, Nev., banker was elected vice chairman.

Outgoing chairman is Dr. Rodney H. Brady, executive vice president, Bergen Brunswig Corp., Los Angeles.

Mr. Lewis, a graduate of the University of Utah and Harvard Law School, is an attorney with the firm of VanCott, Bagley, Cornwall & McCarthy.

Mr. Thomas, who received a Distinguished Alumnus Award from the University of Utah in 1967, is chairman of the board of Valley Bank of Nevada.

The council is an organization composed of prominent alumni and friends of the U. of U. from throughout the na-

No-Show at Concerts

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