

FACULTY

Paul J. Bonzani, OTR/L, CHT, M.H.S.

Clinical Assistant Professor University of New Hampshire Dept. of Occupational Therapy. Throughout his career he has had the fortunate opportunity to work with some of the finest hand surgeons and therapists in the country having held management positions at both The University of Vermont -- Fletcher Allen Medical Center and Duke University Medical Center. Additionally he has been an adjunct instructor in both the Duke University Physical Therapy Program and the Program in Occupational Science at the University of North Carolina-Chapel Hill. Mr. Bonzani brings 21 years of clinical experience in orthopedic and industrial rehabilitation. Paul has presented nationally in the areas of biomechanics and rehabilitation of the shoulder, nerve compression syndromes, RSI/CTD management and pain syndromes. He has published on the subjects of CTD/RSI management, thumb reconstruction and management of the rheumatoid elbow. Clinical specialties include rehabilitation of the elbow and hand, chronic pain syndromes, TOS, nerve compression syndromes and neural tension disorders of the upper limb. Current research interest's include functional outcome measures following fractures and upper quadrant sensate deficits. Paul is a clinician, researcher and educator and considered to be one of the leading hand therapists in the care of shoulder, elbow and hand injuries in North America.

EDUCATIONAL CREDIT

A certificate of attendance for **15 Contact Hours** will be awarded to each participant. All Therapy Network Seminars are pre-approved for CEUs in the state where the course is conducted when required for **PT, OT AND ATs**.

BOC Board of Certification, Inc. Approved Provider # P-2563

AOTA Approved Provider of Continuing Education # 3073

The assignment of AOTA CEUs does not imply endorsements of specific course content, products, or clinical procedures by AOTA



LOCATIONS & DATES

March 2/3 Salt Lake City, UT (Murray)
TOSH Orthopedic Hospital

A list of area hotels will be sent with confirmation. Please utilize hotel brand websites for guaranteed best rates for specified dates.

AUDIENCE

This is an *intermediate level* workshop designed for OTs, PTs, ATs and Assistants.

CANCELLATION POLICY

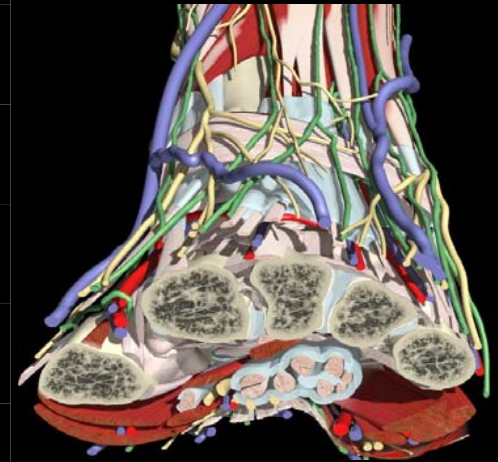
POLICY: Registration fee less a **\$75 administrative charge** is refundable if cancellation received 14 days prior to program date. No refunds will be given after that time. Therapy Network, Inc. reserves the right to cancel a seminar and will refund in full the registration fee only. TNS is NOT liable for registrants non-refundable airfare, accommodations or fees.

MANAGEMENT OF NERVE & TENDON PAIN IN THE UPPER EXTREMITY

AN EVIDENCED BASED APPROACH

FACULTY

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THE THERAPY **NETWORK** SEMINARS

www.TNSeminars.com

OBJECTIVES

The participant will be able to identify the anatomical and biomechanical foundations for Repetitive Stress Injuries.

The participant will be able to identify sound biologically based treatment plans for RSI management.

The participant will demonstrate soft tissue mobilization strategies for remediation for the presented pathologies.

The participant will demonstrate Proximal assessment and pain control intervention strategies.

The participant will be able select and prioritize appropriate splinting and immobilization strategies for workplace management and pain control.

DESCRIPTION

This seminar is designed to advance clinical competence in working with the neurological and musculoskeletal issues associated with repetitive stress injuries through the application of current clinical evidence. A thorough review of tendon/nerve physiology, pathomechanics, and surgical techniques will create a foundation for proper intervention. This foundation will then be used to develop assessment and treatment approaches to pathology associated with repetitive stress injuries. Course content includes current conservative and surgical treatment options, ergonomic assessment/intervention, imaging, post-surgical guidelines, splinting options, joint and soft tissue mobilization, modalities and specific therapeutic exercise techniques. The student will participate in lecture and small group discussion before implementing assessment and treatment strategies in laboratory sessions.

PARTICIPANTS COMMENTS

"This course completely changed my way of thinking about RSI's."

"Paul Bonzani is awesome. What a terrific 2 days. The course certainly made me re-think some things and Paul's teaching style and humor was so refreshing"

"Excellent presentation style ...coming from a background of experience and knowledge"

"Paul is a master clinician. Kept the emphasis on the important items that you should remember in terms of pathology, evidence, interventions and guidelines rather than protocols."

SCHEDULE

Musculoskeletal Issues in CTDs

- 8:00 Registration and Continental Breakfast
8:30 Muscle and tendon structure and physiology:
What is normal?
9:00 Tendinopathy:
Definition & implication for therapy
9:30 BREAK
9:45 Classification system of soft tissue pain
Implication for assessment and treatment
10:00 Defined tendon disorders
-Shoulder: rotator cuff & bicipital tendinopathy
-Elbow: lateral and medial tendinopathy
-Hand and wrist: synovial tenosynovitis
12:00 LUNCH (on your own)
1:00 LAB: Tendon disorder Dx & intervention
2:00 Myofascial pain of the upper extremity:
**trigger point assessment
2:45 BREAK
3:00 LAB: Joint & Soft tissue Dx & treatment.
5:30 Q/A and Adjourn

Neurological Issues in CTDs

- 8:00 Peripheral nerve anatomy and neurophysiology
9:15 Pathophysiology of compressive neuropathy
9:45 BREAK
10:00 Compressive neuropathies
-Cubital Tunnel Syndrome
-Carpal Tunnel Syndrome
-Pronator Syndrome
-Radial Tunnel Syndrome
11:00 Case study discussion
12:00 LUNCH (on your own)
1:00 LAB: Compressive neuropathy assessment and treatment
2:00 Pain: physiology and cultural implications
2:45 BREAK
3:00 The Thoracic Outlet: proximal pain syndromes
3:45 Non-Anatomic pain issues. Fictional disorders:
Recognizing & managing the non-organic pain client.
4:00 LAB: Proximal assessment and pain control intervention.
5:00 Q/A & Adjourn

REGISTRATION

NTP Course

Please note the course location you are attending:
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Bring a Buddy Registration: \$395 p/p

(No Deadline) Must be done simultaneously

Early Registration: \$445

Postmarked 30 days prior to date of course

Late Registration: \$495

Postmarked within 30 days of course date

4 WAYS TO ENROLL

Mail registration and payment to:

MAIL

Therapy Network, Inc.
217 Paragon Pkwy, #201
Clyde, NC 28721

PHONE

1.800.785.1855

FAX

SECURE DIGITAL
928.222.0578
(Credit Cards Only)

ON LINE

www.TNSeminars.com

Name: _____

OT PT OTA PTA AT CSCS

Home Add: _____

City: _____ State: _____

Zip _____

Cell Ph: _____

Email: _____

To Receive your Confirmation
Make check/money order payable to:

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Charge my credit card: VISA MC AMEX DISC

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